



CFOOTMAD

COMMUNITY DANCES

Colorado Friends of Old Time Music and Dance

July/Aug 2016
www.cfootmad.org
720-722-1170

Boulder Community Contra and Family Dance 1st/3rd Fridays

- July 1** "Caroline McCaskey, Sherilyn Urben, Teri Rasmusson" guest caller Michael Barraclough
- July 15** "Sandra & Rodney" caller Christa Torrens
- Aug 5** "Prairie Dog Picnic" caller Duffy Boyle
- Aug 19** "New Rhythm Rangers" guest caller from Maine, Dugan Murphy

Denver Contra Dance - 2nd/4th Fridays

- July 8** "Avourneen" caller Ed Hall
- July 22** "Ragged Edge" caller Peter Johnson
- Aug 12** "New Rhythm Rangers" caller Tina Fields
- Aug 26** "Balance & Swing" caller Sam Smith

Zesty Contra Dance - 2nd Saturday

- July 9** "Deb and the Pariahs" caller Peter Johnson
- Aug 13** "The Offbeats" caller Christa Torrens

Westminster Community Dance - 4th Saturday

- July 23** "Kate Kerr, Rodney Sauer, & Friends" caller Patricia Danscen
- Aug 27** "New Rhythm Rangers" caller Tina Fields
Pre-dance workshop - Gender Shenanigans

Fifth Friday Waltz Dance

- July 29** "Prairie Dog Picnic" lesson Bob Warden

CFOOTMAD Music Jam - 1st/3rd Mondays

Fort Collins FOTD Events - 1st/3rd Saturdays

- July 2** "New Rhythm Rangers" caller Tina Fields
- July 16** "Step in Time" caller Carol Fey
- Aug 6** "Teri Rasmusson, Julia Hayes, Rodney Sauer" caller Sam Smith
- Aug 20** "Avourneen" guest caller from Maine, Dugan Murphy

-----Save the Date-----

Sept. 9,10 - Continental Drift! Eric Anderson on keyboard, Eileen Nicholson on fiddle!

Sept. 30, Oct. 1, 2 - Elixir! Special thanks to sponsors Caroline Fuller and Jerry Olson!

December 9, 10, 11 - Barefoot! Ed Howe (Perpetual e-Motion) on fiddle, Jamie Oshima on guitar. Special thanks to sponsor Donna Harris!

Jan. 27, 28, 29 - Julie Vallimont (Nor'easter) on keyboard, Audrey Knuth (Free Raisins) on fiddle, Rachel Bell on accordion. Special thanks to sponsor Ed Hall!

BASIC CFOOTMAD INFORMATION

CFOOTMAD organizes the events listed below and occasional special events. Prices may vary for special events. Children are welcome at dances if supervised by a responsible adult. For CFOOTMAD dance information, call 720-722-1170, Jerry at 303-665-1429 (h) or 303-497-1315 (w), or look us up on the web at www.cfootmad.org.

CFOOTMAD EVENT DETAILS

Boulder Community Contra Dance: Avalon Ballroom, 6185 Arapahoe. Lesson 7:15. Dance 8-11. \$10/\$8 members/\$5 students. Contact Teri at 303-827-3844.

Boulder Family Dance (right before the Boulder Community Dance): First Friday, 6:00, September thru May. No lesson needed; all dances taught. \$15/\$14 family; \$5 individual. Contact Teri at 303-827-3844.

Denver Contra Dance: Highlands Masonic Center, 3550 N. Federal Blvd, Lesson 7:15. Dance 8-11. \$10/\$8 members/\$5 students. Contact Duffy at 303-882-9361.

Music Jam (Denver): 1st and 3rd Mondays. 7:00 pm. Duffy Boyle and Nancy Reindl's house: 2240 Perry St. Refreshments provided. Contact Duffy at duffyboyle@gmail.com or 303-882-9361.

Waltz Night: All waltzes, live music. Avalon Ballroom, 6185 Arapahoe in Boulder. Fifth Friday when there is one. Lesson 7pm, Dance 8-11. \$10/\$8 members/\$5 students. Contact Viki at 303-666-0561 or Viki_L@earthlink.net.

Westminster Community Dance: Community Contra Dance, always live music! Fun and easy, each dance is taught before the music starts. The Westminster dance features contras, couples dances and other formations. All ages and experience levels welcome, no partner needed. Westminster Grange, 3935 West 73rd. 7-10pm, \$8/\$6members, kids \$4. Contact Pat at 303-827-5828.

Zesty Contra Dance: Contras for experienced dancers. No lesson, quick walk-throughs and little caller leading. Dances start promptly at 7pm with a waltz. Scheitler Recreation Center at Berkeley Park, 5031 W 46 Ave (just SE of I-70 at Sheridan). Dance 7-10. \$12/\$10 members/\$5 students. Contact Caroline at 303-444-9801.

FOTD DANCE DETAILS

Friends of Traditional Dance: Club Tico in City Park, 1599 City Park Dr. Lesson 7:00. Dance 8-11. \$10/\$5 students, 970-493-8277, www.fotd.org. Contact Paul at 970-353-6340.



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Colorado Friends of Old Time
Music and Dance
2240 Perry St.
Denver, CO 80212-1161



**NATIONAL
ENDOWMENT
FOR THE ARTS**

GRANT FUNDING RECEIVED FROM:

Making It Possible.

Meet Linda Botelho

I grew up in Kailua on Oahu - it's a beautiful place to be from. I spent my first 40 years there with my sister and 3 brothers. I also love Broomfield because I can grow things here that I couldn't at home. I LOVE gardening and all things green.

My involvement in Contra dancing makes for an interesting story. I had taken up folk dancing while in college and loved it (the teacher said I was a perfect ham). When I left college, I stopped dancing, but enjoyed watching it. Fast forward 20+ years... I was working in a community garden here in Broomfield and another lady mentioned that there was a dance at the Grange that evening, no partner needed. So I went on over and met Don Studinsky and Marcie Heiser (who I had just met at our community garden potluck). Patricia Danscen was calling and The Grouchy Geezers were playing - it was a blast! Unfortunately, dances at the Grange stopped after a couple of weeks and so did I. A few years later, an older gentleman in my yoga class told me about Square Dancing and how he would be my "angel" if I would take lessons. Well, I did, and in the process ran into Raj who reminded me about Contra and dances at the Avalon. I came and was hooked.



After a few weeks, I realized that these dances didn't happen all by themselves, so I started bringing food and helping to set up and clean up. Pam Brown noticed me and asked if I would be willing to help by buying food. I agreed, and have been putting together the snacks for the first Friday dances of each month at the Avalon for what seems like years now. I really enjoy being able to put out food that disappears rapidly and is obviously appreciated during the break.

I've been retired for several years now and enjoy volunteering at Broomfield's food bank, F.I.S.H., as well as contra, zesty and whatever else needs to be done. I've volunteered with Samaritan's Purse, helping people clean up after the flood in Lyons several years ago, and also with Birds of Prey foundation in Broomfield. It was awesome being in cages with eagles, hawks, owls and other birds that needed rehabilitation before being released back into the wild.

by Helle Hill

NEXT CFOOTMAD NEWSLETTER DEADLINE

Friday, Aug 5 is the deadline for the Sept/Oct 2016 newsletter. Submit materials to newsletter@cfootmad.org.

Consider a Donation to CFOOTMAD

CFOOTMAD is a 501(c)(3) not-for-profit organization. Funds to support CFOOTMAD come from admission fees, memberships, SCFD and other grant funding, and from generous individuals who give above and beyond their membership dues. Consider making a CFOOTMAD donation to sponsor a dance in celebration of your birthday, anniversary, or any other reason that strikes your fancy. To sponsor an event, contact the dance series coordinator for that event. Thank you to all CFOOTMAD members and a special thanks to those who have made additional donations. Thanks also to the many members of the CFOOTMAD dance community who donate their time and talent in ways large and small.

