



Colorado  
Friends  
Of  
Old  
Time  
Music  
And  
Dance

# CFOOTMAD COMMUNITY DANCES

Colorado Friends of Old Time Music and Dance

September/October 2014

[www.cfootmad.org](http://www.cfootmad.org)

720-722-1170

## Boulder Community Contra and Family Dance 1st/3rd Fridays

- Sept 5** "Lizard Spring" (front range musicians), caller Patricia Danscen  
First Season Family Dance at 6:00
- Sept 19** "Step In Time" caller Ed Hall
- Oct 3** ★ "Elixir", from New England - fiddle, trombone, trumpet, clarinet, guitar, caller Nils Fredland from New Hampshire  
\*\*note special event price @ each dance- \$15 \$7/students\*\*  
Family Dance @ 6:00 p.m.-7:30 p.m. caller- TBA
- Oct 17** "Dueling Whiskey Factory" (Edward Wallace-fiddle & Josh Van Vliet-guitar), caller Rachel Shapiro-Wallace of Chicago

## Denver Contra Dance – 2nd/4th Fridays

- Sept 12** "Grouchy Geezers," caller Paul Somlo
- Sept 26** "New Rhythm Rangers," caller Christa Torrens
- Oct 5** ★ "Elixir," caller Nils Fredland  
Waltzes and couples dancing at 1 PM, contras from 2 to 5 PM
- Oct 10** "Deb & the Pariahs," caller Viki Lawrence  
Potluck 6:15 to 7:15
- Oct 24** "Balance & Swing," caller Rick Smith

## Zesty Contra Dance – 2nd Saturday

- Sept 13** "Andy Reiner and Jon Sousa," caller Viki Lawrence
- Oct 11** "The Louisville Sluggards," caller Ed Hall

## Westminster Community Dance – 1st Saturday

- Sept 6 TBA** (check [www.cfootmad.org](http://www.cfootmad.org))
- Oct 4 TBA** (check [www.cfootmad.org](http://www.cfootmad.org))

## CFOOTMAD Waltz Night – 5th Friday

- Oct 31** John Reading and Elizabeth Wood, lesson at 7:15

## CFOOTMAD Music Jam – 1st and 3rd Mondays

## Fort Collins FOTD Events – 1st and 3rd Saturdays

- Sept 6** "Balance and Swing," caller Viki Lawrence
- Sept 20** "ContraBand", caller TBA (check [www.fotd.org](http://www.fotd.org))
- Oct 4** ★ "Elixir," caller Nils Fredland
- Oct 18** "Dueling Whiskey Factory," caller Rachel Shapiro

## BASIC CFOOTMAD INFORMATION

CFOOTMAD organizes the events listed below and occasional special events. Prices may vary for special events. Children are welcome at dances if supervised by a responsible adult. For CFOOTMAD dance information, call 720-722-1170, Jerry at 303-665-1429 (h) or 303-497-1315 (w), or look us up on the web at [www.cfootmad.org](http://www.cfootmad.org).

## CFOOTMAD EVENT DETAILS

**Boulder Community Contra Dance:** Avalon Ballroom, 6185 Arapahoe. Lesson 7:15. Dance 8-11. \$10/\$8 members/\$5 students. Contact Teri at 303-827-3844.

**Boulder Family Dance (right before the Boulder Community Dance):** First Friday, 6:00, September thru May. No lesson needed; all dances taught. \$15/\$14 family; \$5 individual. Contact Teri at 303-827-3844.

**Denver Contra Dance:** Highlands Masonic Center, 3550 N. Federal Blvd, Lesson 7:15. Dance 8-11. \$10/\$8 members /\$5 students. Contact Steve at 303-499-2692.  
**Potluck** on second Fridays from 6:15 to 7:15; Bring something to share; table set-up provided.

**Music Jam (Denver):** 1st and 3rd Mondays. 7:00 pm. Duffy Boyle and Nancy Reindl's house: 2240 Perry St. Refreshments provided. Contact Duffy at [duffyboyle@gmail.com](mailto:duffyboyle@gmail.com) or 303-882-9361.

**Waltz Night:** All waltzes, live music. Avalon Ballroom, 6185 Arapahoe in Boulder. Fifth Friday when there is one. Lesson 7:15. Dance 8-11. \$10/\$8 members/\$5 students. Contact Viki at 303-666-0561

**Westminster Community Dance:** Traditional American squares, reels, contras, couple, and circle dances. Beginners and experienced dancers of all ages. Westminster Grange, 3935 West 73<sup>rd</sup>. No lesson needed; all dances taught. 7-10. \$8/\$6members, kids \$2. Contact Pat at 303-827-5828.

**Zesty Contra Dance:** Contras for experienced dancers. No lesson, quick walk-throughs and little caller leading. Dances start promptly at 7pm with a waltz. Scheitler Recreation Center at Berkeley Park, 5031 W 46 Ave (just SE of I-70 at Sheridan). Dance 7-10. \$12/\$10 members/\$5 students. Contact Caroline at 303-444-9801.

## FOTD DANCE DETAILS

Friends of Traditional Dance: Club Tico in City Park, 1599 City Park Dr. Lesson 7:00. Dance 8-11. \$9/\$5 students, 970-493-8277, [www.fotd.org](http://www.fotd.org). Contact Paul at 970-353-6340.



### Special Event Dance: Elixir

**Elixir** blends driving fiddle and guitar with the rich texture and rhythmic excitement of a full horn section, deftly weaving brassy riffs and daring solos in and out of traditional Irish, French Canadian and New England tunes. Elixir plays for dances, festivals, camps, weddings and other events, with a repertoire that includes contra, English, swing, waltz, couples dance, and concert music. <http://www.elixirmusic.com/>



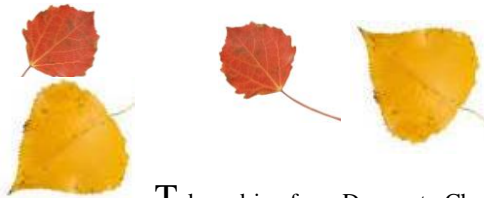


## CFOOTMAD

Colorado Friends of Old Time  
Music and Dance  
2240 Perry St.  
Denver, CO 80212-1161

### ADDRESS SERVICE REQUESTED

#### GRANT FUNDING RECEIVED FROM:



### SEE THE FALL COLORS BY DAY AND CONTRA DANCE AT NIGHT

Take a drive from Denver to Chafee County and enjoy the beautiful fall foliage found around Cottonwood Pass and Monarch Pass. Make it a full day or even a weekend by stopping by the quaint town of Salida for the Saturday, Sept 20<sup>th</sup> Contra Dance at the Scout Hut. Also, you can visit Buena Vista for their fall Contra Dance on Friday, Sept. 12<sup>th</sup>, at the Congregational Church (217 Crossman St.) which may be early for peak fall color, but the Valley is beautiful any time of year.

Eleanor and Andrew Fahrney started the first Salida Contra dance as part of the newly formed Arkansas Valley Music and Dance (AVMAD). The Salida dance, co-sponsored by the Salida Rec Dept., is held at Scout Hut in Riverside Park every 3<sup>rd</sup> Saturday, September through May. The AVMAD also includes the Buena Vista contra dance group which holds dances every 2<sup>nd</sup> Friday of the month from September through May. The Buena Vista group is led by the original founders: John Vakarietis, Carol Barnes, & Randy Barnes.



AVMAD's board consists of five members. Board President Ron Chalian, a long-time dancer from the Denver area, who now enjoys retirement living in his high-altitude log house near Trout Creek Pass. Secretary Connie Wright, works as a seamstress in Buena Vista when she is not out hiking 14'ers, dancing, or selling calendars to support AVMAD. Treasurer Donna Rosentrater, works at the Adventure Unlimited Camp outside of Buena Vista, which is also the location for AVMAD's once-a-year dance festival *Stellar Days and Nights*. Susan Axe and Lee Dodge complete the AVMAD board. Susan works at Buena Vista Dental Care in Buena Vista when she is not in Denver playing with grandkids, and Lee spends time kayaking, skiing, biking, and dancing, and helps coordinate the Salida dances.

For more information on the Arkansas River Valley dances, go to [www.AVMAD.org](http://www.AVMAD.org)

by Helle Hill

#### NEXT CFOOTMAD NEWSLETTER DEADLINE

Thursday, Oct 24th is the deadline for the Nov/Dec 2014 newsletter. To submit materials, email Suzanne Pait at [newsletter@cfootmad.org](mailto:newsletter@cfootmad.org).

#### Consider a Donation to CFOOTMAD

CFOOTMAD is a 501(c)(3) not-for-profit organization. Funds to support CFOOTMAD come from admission fees, memberships, SCFD and other grant funding, and from generous individuals who give above and beyond their membership dues. Consider making a CFOOTMAD donation to sponsor a dance in celebration of your birthday, anniversary, or any other reason that strikes your fancy. To sponsor an event, contact the dance series coordinator for that event. Thank you to all CFOOTMAD members and a special thanks to those who have made additional donations. Thanks also to the many members of the CFOOTMAD dance community who donate their time and talent in ways large and small.