



CFOOTMAD

COMMUNITY DANCES

Colorado Friends of Old Time Music and Dance

Mar/April 2017
www.cfootmad.org
720-722-1170

Boulder Community Contra and Family Dance 1st/3rd Fridays

- Mar 3** "Purple Zephyr" caller Ed Hall
Family Dance at 6pm
- Mar 17** "Balance and Swing" caller Viki Lawrence
- April 7** "Prairie Dog Picnic" caller Christa Torrens
Family Dance at 6pm
- April 21** "Deb and the Pariahs" caller Helle Hill

Denver Contra Dance - 2nd/4th Fridays

- Mar 10** "Deb and the Pariahs" caller Viki Lawrence
- Mar 24** "Adam Agee and Jon Sousa" caller Duffy Boyle
- April 14** "Avourneen" caller Tina Fields
- April 28** "Jon Sousa/Andy Reiner" caller Paul Somlo

Zesty Contra Dance - 2nd Saturday

- Mar 11** "The Offbeats" caller Rick Smith
- April 8** "Purple Zephyr" caller Tina Fields

Westminster Community Dance - 4th Saturday

- Mar 25** Great caller and wonderful energetic band
- April 22** Great caller and wonderful energetic band

Fifth Friday Waltz Dance

- Mar 31** "Barb Kirchner/Ed Secor/Mark Brissenden"
lesson Bob Warden

CFOOTMAD Music Jam - 1st /3rd Mondays

Fort Collins FOTD Events - 1st/3rd Saturdays

Temporary New Location - 225 W. Oak St

- Mar 4** "Sandra Wong/Rodney Sauer" caller Paul Somlo
- Mar 18** "The Offbeats" caller Carol Fey
- April 1** "Jon Sousa/Andy Reiner" caller Rick Smith
- April 15** "Avourneen" caller Patricia Danscen
- April** Waltz Night w/Purple Zephyr

-----Save the Date-----

**October 6,7,8 - Great Bear 6.0!!! Six person Great Bear
= Great Bear Trio + Saxophone + Clarinet + Drums!**

-----Meet the CFOOTMAD Board-----

**Riley Geistmann - president, Paul Somlo, Sam Smith,
Roxy Johnstone, and a welcome to our newest board
members, Nancy Reindl and Julie Olsen.**

-----Volunteer Opportunities-----

**We're always looking for people to work the door, help
in the kitchen, and stick around after for hall cleanup.
Talk to Pam Brown, our volunteer coordinator, or any of
the series coordinators. Help keep prices affordable at
our beautiful Boulder venue, the Avalon -check out
www.avalonevents.org for occasional work parties.**

-----CFOOTMAD on Facebook-----

Learn about upcoming events, carpooling, and the like.

BASIC CFOOTMAD INFORMATION

CFOOTMAD organizes the events listed below and occasional special events. Prices may vary for special events. Children are welcome at dances if supervised by a responsible adult. For CFOOTMAD dance information, call 720-722-1170, Jerry at 303-665-1429 (h) or 303-497-1315 (w), or look us up on the web at www.cfootmad.org.

CFOOTMAD EVENT DETAILS

Boulder Community Contra Dance: Avalon Ballroom, 6185 Arapahoe. Lesson 7:15. Dance 8-11. \$10/\$8 members/\$5 students. Contact Teri at 303-827-3844.

Boulder Family Dance (right before the Boulder Community Dance): First Friday, 6:00, September thru May. No lesson needed; all dances taught. \$15/\$14 family; \$5 individual. Contact Teri at 303-827-3844.

Denver Contra Dance: Highlands Masonic Center, 3550 N. Federal Blvd, Lesson 7:15. Dance 8-11. \$10/\$8 members/\$5 students. Contact Duffy at 303-882-9361.

Music Jam (Denver): 1st and 3rd Mondays. 7:00 pm. Duffy Boyle and Nancy Reindl's house: 2240 Perry St. Refreshments provided. Contact Duffy at duffyboyle@gmail.com or 303-882-9361.

Waltz Night: All waltzes, live music. Avalon Ballroom, 6185 Arapahoe in Boulder. Fifth Friday when there is one. Lesson 7pm, Dance 8-11. \$10/\$8 members/\$5 students. Contact Viki at 303-913-2534 or Viki_L@earthlink.net.

Westminster Community Dance: Community Contra Dance, always live music! Fun and easy, each dance is taught before the music starts. The Westminster dance features contras, couples dances and other formations. All ages and experience levels welcome, no partner needed. Westminster Grange, 3935 West 73rd. 7-10pm, \$8/\$6members, kids \$4. Contact Pat at 303-827-5828.

Zesty Contra Dance: Contras for experienced dancers. No lesson, quick walk-throughs and little caller leading. Dances start promptly at 7pm with a waltz. Scheitler Recreation Center at Berkeley Park, 5031 W 46 Ave (just SE of I-70 at Sheridan). Dance 7-10. \$12/\$10 members/\$5 students. Contact Caroline at 303-444-9801.

FOTD DANCE DETAILS

Friends of Traditional Dance: Masonic Temple, 225 W. Oak St, Fort Collins. Lesson at 7pm, dance 8-11, \$10/\$5 students, 970-493-8277, www.fotd.org. Contact Paul at 970-353-6340.



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Music and Dance
2240 Perry St.
Denver, CO 80212-1161



GRANT FUNDING RECEIVED FROM:

Making It Possible.

Meet Libby Clarke

When Libby was growing up in Denver, a young, cool couple, Dan McNeil and Kathy Poppy, moved in next door to Libby's family. They were avid Contra dancers, so their fondness for Contra dancing may be what got Libby interested in trying it as an adult. She tried it for the first time in 2009 in Minneapolis and when she got invited to go to a Denver dance in 2014, she found that she really enjoyed it and has been coming ever since.



Libby says, "I find dancing to be a great way to end what is often a long and stressful week for me. It's great exercise and I love the way everyone smiles at each other. I also think it's amazing that CFOOTMAD is supporting live music every week, unlike some other local dance groups."

She adds, "I hope a few more younger people join so I know this tradition will continue until I get too arthritic to dance, hopefully many years from now. The group does a great job of being welcoming and inclusive to people of all ages, income levels, gender identities, and dance proficiency levels. Although I don't take my dancing skills as seriously as some in the group, people are always patient and welcoming to me." Libby contributes to the organization by sometimes helping out with refreshments.

During the week, Libby works as a geriatrician (old people doctor) with a full time outpatient clinic practice at Denver Health. When not working or dancing, she likes to knit, sew, experiment with cooking, walk, bike, and hike during the summer, and cross-country ski in winter.

by Helle Hill

NEXT CFOOTMAD NEWSLETTER DEADLINE

Friday, April 7 is the deadline for the May/June 2017 newsletter. Submit materials to newsletter@cfootmad.org.

CFOOTMAD is a 501(c)(3) not-for-profit organization. Funds to support CFOOTMAD come from admission fees, memberships, SCFD and other grant funding, and from generous individuals who give above and beyond their membership dues. Consider making a CFOOTMAD donation to sponsor a dance in celebration of your birthday, anniversary, or any other reason that strikes your fancy. Thank you to all CFOOTMAD members and a special thanks to those who have made additional donations. Thanks also to the many members of the CFOOTMAD dance community who donate their time and talent in ways large and small.